



December 2007

Q MAGAZINE



Inside this Issue:

Q Happenings with MIDSUMMA
and the 1st Asia Pacific OUT Games,
Q People with David Campbell and Guy Sebastian,
Q International, Q Travel, plus loads more.

*From all of us at Q Magazine, we hope you get all that
your heart desires this Festive Season.*

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q comment: 'TIS THE SEASON

I always miss my son at this time of the year (although I don't miss the celebratory insincerity I had to endure at his Grandparent's place). Living on your own without family is not always great - but what can you do.

We, of course, understand that family does not always mean the traditional mum, dad, and 3.2 children. Single mums, single dads, lesbian couples with or without children, gay dads with or without children, gay men and women with pets, or the family you have created through your close circle of friends. They all matter and none are more important than another.

Whether you are religious or not, the Festive Season tends to make you reflect on the year past and start planning on the one ahead. It makes you realise how important your "family" is and how their love and support helps you live your life.

I do hope you and yours have a happy Festive Season, but remind you that if you are partying, please do it safely and wisely. I also thank everyone who has been involved with Q Magazine over the past twelve months (writers, advertisers, and readers) and look forward to the next year and well beyond, hoping that you continue to enjoy my publication wherever you may live across our fabulous country.

In conclusion, the past couple of months have seen AGM after AGM. I am extremely proud and thankful that I have been returned as President of PLWHA Victoria and Secretary of AHAG, elected to the VGLRL CoM and the Board of InterPride, and remain doing what I enjoy the most - serving my community in the best way I know how.

Picture below is me, Robert Mitchell (President of NAPWA), Mike Kennedy (Executive Director of the VAC/GMHC) and Paul Kidd (NAPWA & PLWHA).



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ABN 21 631 209 230

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9 people: with DAVID CAMPBELL

This is the second time I have had the opportunity to speak with the amazingly talented and “all round nice guy” David Campbell – this one coinciding with the release of his *Swing Sessions 2* album. I started our interview with the slightly cheeky comment that swing has been very kind to him, to which I received an equally cheeky “watch your mouth” and “I was going to re-name the band the bowl of khakis as they are a bunch of swingers”. He did however continue to say...

Swing has been very kind to me. It's been a great year- a year that has been right out of the box. Since we last spoke, I had no idea that it was going to do what it did. We've done a sold out tour of the country, about to do another one, and then go even further inland. It's amazing – you go to Townsville and fill an entertainment centre with 1200 people all wanting swing – that's a really amazing feeling.

Do you think that is representative of the public wanting “back to basics” [real music, melody lines etc] type entertainment.

I think they want entertainment. You know there is all this talk about the death of the record companies and where music is going to go, and from my experience as a punter and someone who's out there doing this, it's whatever you want it to be. People just want what they want. I am an iTunes fanatic – I like picking out an artist or album I like...but then I go out and buy the CD...and I think there are a lot of people in my generation [or younger or older] who are still doing that.

Do you prefer recording or performing?

Probably performing – because even when we are recording in the studio, I make sure there are at least five people there watching. I either get my girlfriend to invite some friends in or I let people know there are some beers in the fridge and they'll just turn up. So therefore I always have this mini audience I'm showing off to and I think that comes across for me – I am such a ham. There will be times where there is just Chong and me – like One for My Baby, there was Chong, me and a six pack of beer with the lights turned down [the day before we had to send the album off to be mastered]....so I'm not a complete ham, although it is possible I am close to one [laugh].

Dancing with the Stars – what was that experience like?

It was full on, and you know before then, I thought I had botched my career up for singing so I did radio for two years. I love music – you know me...so I still wanted to be involved, maybe get a trade, but Dancing with the Stars was what got me thinking I should be performing. After that I did a tiny little jazz cabaret show in Sydney with a lot of the songs that were on *Swing Sessions 1* – and that what SonyBMG came and saw and said that's the next album. So, although I would hate to say reality tv gave me my career back, I don't see them as reality tv shows anymore...I see them as old school variety.

So had you done dancing before the show, or was there simply a shit load of training involved?

Never! There was a shit load of training. I had to do a show on

Broadway where I had to do a Sinatra dance routine with this girl, and I was rotten, and I remember at the time I put my back out, just because they assumed we had the dance training to do it. I like to see myself now as an old school entertainer – like the Ricky Mays and Sammy David Junior's. Those were the people I grew up with and all of a sudden, out of nowhere, it's all filtered down without me knowing, and life has pointed me in this direction – doing the music I have always wanted to do. It's just working, people want to see it, it's fantastic, I'm having a great time. It's not brain surgery.

Will we see some dancing girls in the next tour?

I want to, but I also want the band to be bigger. I want to put on a big show for the tour in March next year. We take nine pieces on the road to the regional areas, and these guys hammer it, but for effect I want band stands and tuxedos, go the whole hog.

So what's in store for the rest of 2007 and the beginning of 2008 for David Campbell? Are you doing Carols?

I'm not this year, it is going to be my first year off. My fiancé is English and I promised her that every second year we will do the other one's family for Christmas. I'm actually going to take my first ever proper holiday - taking a month off. I'm not good at doing nothing but I am going to force myself. So, for me, it is going to be a real test of my endurance to do nothing. The first week we are doing the extended family in America and then Lisa promised me she would take me to Vegas after that. Already however there is a chance for me to do a gig in Miami for one night, so I could still work [laugh].

David, thank you.

Thank you for speaking with me again.

I love your work and I love both albums.



9 people: with GUY SEBASTIAN

Probably one of the more relaxed interviews I have ever done, I met Guy at the SonyBMG studios and we chatted firstly about how wonderful Melbourne is – the weather, how friendly the people are, other generalisations, and how much he liked my shoes. It was then time to get down to business [so to speak]. I started by asking my very personable guest how life has been post Australian Idol.

It has been great! It's been hard work [or I guess you could say I've made sure it has been hard work]. I love my life. I wouldn't re-write anything, and just to be able to say that is a real blessing. Idol is a great platform – and we know this now after five series. A lot of the work starts after that. As you go, you learn about life and obviously the business [and it is a business – you have to have some kind of a business mind to be able to cope I think]...your hobby ends up being your job. The past eight months particularly have been great – living right in the heart of the city [and I never thought of myself as a city boy] – I love being so close to China Town, Pitt Street, the airport – it's a really good lifestyle at the moment. I have been overseas recording this album with the MG's, and for me I think was a big turning point – professionally and personally.

I listened to the album just before I came to see you. Is this the first one you've done that you haven't written?

Yes! On the first album I had only written three tracks I think – the nature of the first album is that it was recorded in five days after Idol so it was a miracle to even get any songs on there. The second album I wrote and then this one I only have one song...well it's the only original, all the rest are massive Memphis hits. I really enjoyed it.

I didn't think I would do a covers album yet, but because it is my favourite stuff [it's not like I've latched onto a concept that I can't familiarise myself with, or that I need to dress up as, or that I need to really kind of manufacture myself to] – I grew up on this stuff. While my friends were listening to New Kids on the Block and Guns and Roses, I was listening to the Platters and artists like that. I felt almost like a musical nerd.

It is a fun album to listen to, was it fun to record?

It was the best time of my life. The energy in the room, and we filmed it all [I am so glad we did]. These guys are pushing seventy years old and they've played on like everything. Steve Copper wrote Sitting on the Dock of the Bay, Knock on Wood, Midnight Hour, you know some of the biggest hits of all time. These guys were also the Blues Brothers band. Not just to have them on the record was great but for them to feel so enthusiastic about me as a singer. They took me to BB King [a blues bar] every night and they'd be saying "you gotta hear this guy sing" and they'd get me on stage to jam. They turned down so many other albums because they didn't have the time and couldn't be bothered but they accepted mine – only after we sent them a few tracks on me singing live. It was important to them that if we were going to record directly onto analogue tape to have a good live singer.

It was a great experience for me, because not once did I think I was

just a kid from down under who had no idea, or that I was way over my head, I should be intimidated. I went there and the whole time I felt that it was right and I was meant to do it. Not in an arrogant way, just that I felt so completely comfortable...like it was meant to happen. I got into the studio and in only four days we did fifteen songs...and it was breezy. The nature of the way we recorded was that I would say I wouldn't mind doing this as a bit of a different arrangement and they'd go "oh cool". I'd ask if they wanted to rehearse and they'd just hit record. The majority of time it was a take on the first go. The musicianship was outstanding – they would never play over the top of each other, and then after the take they would seem so excited – all 'round the console – listening to everything individually. It was such a treat for me. They were so passionate about the project – Steve just had a listening party in his studio for all of his friends. Then afterward we would all sit around and they'd tell stories about Elvis and other wonderful people they knew. Stuff that no-one knows – unpublished real stories...and that would go on for a couple of hours, then we would go back in the studio for five minutes then go back and tell stories. It really was like that. It taught me a lot about recording.

Are you going to tour the album?

Yes, and these guys are coming out for it – which is a real trip. I think we just developed a real connection.

This whole experience has proven to me that I can't just listen to the voices around me saying that I have to do a particular thing – it taught me to do what I am best at – and that is being a soul singer. I feel that this experience has moved me in the direction that I don't doubt myself.

I could have filled half of this issue with the transcript of this interview. Guy was so nice and we had a great chat. I look forward to the next time we can catch up.



q review: HO HO HO HOT TITLES



Heapsaflash

Beautifully combining her unique musicality and the fascinating peculiar girl inside, Kate Miller-Heidke's debut album 'Little Eve' is in-stores now through Sony/BMG. Fresh, sparkling, innovative, slightly loopy folk/pop – it's a collection of charming and diverse songs about life and the world. The result of a focused and determined artist, Little Eve has generated much praise from critics and the public. Get a hold of a copy for yourself now from your favourite music store.



Warner Music

Almost 2 years since the release of the Veronicas's "The Secret Life Of..." album, comes a brilliant and VERY different sound from this Aria award winning group. Reflecting the growth in the band - personally and professionally - "Hook Me Up" is a must for all music collections.



Central Station records

Following the release of their debut album "Electric Dreams" the girls have now unleashed another track - originally written and performed by Real Life - "Send me an Angel". Both Send me an Angel and Electric Dreams are out now through Central Station Records... get hold of a copy today.

Matt Tilley Gotcha Calls



Liberation Music

If you haven't heard them on air, you're missing something truly funny. Now, through Liberation Music, you can listen to them in the comfort of your lounge room over and over again. Also available in the series from Matt Tilley is Cereal Pest and Cereal Pest - the double album.



SonyBMG

Our very own goddesses Young Divas are back and doing what they do best! NEW ATTITUDE is another awesome album packed to the brim with party hits that is looking to be a hot soundtrack for this summer. Fans - new and old - will love this album. Available now in all good record stores. Get yours for Christmas.



Central Station records

These Kids was one of the biggest songs from 2004, and now Joel Turner is re-releasing it on his new album "Out of the Box" featuring Posdnuos of the legendary hip hop group De La Soul. Joel will also be touring the country throughout December, so check your local guides for details.

generationq.net
headlines for
DECEMBER

- Is cosmetic surgery the right answer?
- The Business of Art with Tegan and Sara
- The past, present and future of AIDS
- A not-so-straight holiday season

q beauty: with GEORGE ALEXANDER



After my series on cosmetic procedures that can be done to turn back the hands of time, here's one product that stands out that is a real alternative to needles!

Just in time for Christmas:

Freeze 24/7 introduces Freeze & Go instant smoother and brightener, for flawless skin on the go. Even better, it's red, shiny, beautifully packaged and will look great under the Christmas tree.

The convergence of cosmeceuticals and high-tech portable design arrives in the format of Freeze24-7 & Go, a skin perfecting, colourless cosmetic that naturally eliminates the appearance of fine lines and wrinkles leaving a remarkably soft and luminous finish.

The palm sized powerhouse glides directly over skin to deliver a perfect complexion. It hosts a technologically advanced three-tiered formula including: a specialised delivery system for smooth application, a multi-layered optical complex for increased luminosity, and a proprietary treatment formula that provides a protective anti-oxidant shield.

The sleek, metallic, pod like package is designed for optimal convenience, with a removable mirror and metered dosage to ensure a flawless finish on the go. This high-tech skin re-toucher travels with you and provides easy access and application anywhere, anytime you want to look flawless and refreshed en route.

The Technology:

•Silicone based delivery system: is designed to enhance and

preserve your appearance •Multi-layered optical complex: a balanced ratio of 8 optical components with properties that diffuse, lighten, brighten and soften the skin that it is applied to •Enhances radiance and instantly diminishes the appearance of skin imperfections •Significantly refines and reduces the appearance of enlarged pores, defends skin against free radicals and environmental aggressors.

Usage:

Take out the cap with mirror, twist the bottom of applicator once, and using the applicator apply the metered dosage onto fine lines, wrinkles, forehead creases, lip area, crow's feet, under eyes and anywhere you want an instantly smooth and glowing effect.

Treatment Formula:

•Freeze 24/7 anti-wrinkle technology – a proprietary blend of GABA •Vitamin C Ester •Herbal Extracts (Black tea ferment and orchid) •Antioxidants (pomegranate and tangerine) Freeze 24/7 & Go is available through selected Myer and David Jones department stores and selected salons. It retails for \$100.00 for 10.25ml, but a little goes a long way.

For more information on stockists, call 1800 004 507. So go forth and have a wrinkle free, radiant Christmas this year...now there is no excuse! Merry Christmas and see you all in the new year.

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See you soon!

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q art: with DAVID WESTLAKE

The Christmas circus is almost upon us. Whoah! Whoah! Whoah! I recently had the pleasure of attending a collective student exhibition of media, arts and design graduate works at the Meat Market Arts House in North Melbourne.

November and December is the time for many of these exhibitions and a great time to pick up pieces for your own collection, or to give as gifts. These students are showing the best they have created; it's a great way to see their skills and techniques. Looking to kick-start their careers, many will do commissions for you.

Talking about the old Meat Market, this exhibition was extra-special for me. I used to work there running the retail spaces and galleries when it was the Meat Market Craft Centre. They had gallery spaces and studios for craftspeople including woodwork, hot and cold glass, jewellery, ceramics and printing tables. Many well-known contemporary crafts practitioners/artists started at the Meat Market, had work exhibited there or sold through the retail spaces. Here they had the space to start, such as the fashion label Vixen printing textiles on the largest tables you would have ever seen. Hot glass artist Pauline Delaney, textile artist Rose

Elizabeth, and ceramicist Biggi Spiro. These people had the space to physically work, demonstrate their skills and display their work. This gave great access to new and emerging artists. To me, both artist and craftspeople are interchangeable. That will upset many purists but practitioners need be able to transfer their artistic design into reality using craft skills.

I've digressed. The reason I'm writing about the Meat Market and this student exhibition is that we need to nurture and support both emerging and established artists and provide spaces that allow public access to see how work is created. This allows a deeper understanding of the skills used and needed. You can always buy the cheap imports, but there is something special about buying a unique piece, meeting the creator and supporting our local artists. The Meat Market was a vibrant hub of new ideas when it was the Craft Centre. It provided freedom for people to develop pieces which many of us have in our homes. It was closed by the Kennett government but to see it brought to life again by the City of Melbourne as an arts space is magic. If you get the opportunity, go see an exhibition there. Look at the large, vaulted wooden roof and admire the space.

Remember, support our emerging and established artist/craftspeople - they are creating the artworks of the future.

I could finish with the usual "Safe and Happy Christmas and New Year", but instead I wish for you all to look at your family, friends and partners and respect what you have.



q art focus: BILL TRAVIS

Bill Travis is an artist who began exhibiting in 2004. Originally trained as a medievalist, he produced his first artworks as a reinterpretation of the icon for modern audiences.

Thematically, this meant abandoning the religious subject matter in favour of a decidedly secular one (the sensual male nude); and technically, this involved an innovative transfer technique where the gold shines through the photograph. He continues to develop novel techniques to express his vision, including combinations of photography with oil paint, pastel, and glass.

Unusually for a photographer, Travis earned his Ph.D. in art history from the Institute of Fine Arts and taught at the University of Michigan.



In his years as a professor, he authored numerous studies on medieval art, while his photographs of medieval sculpture were published in the United States, France, Italy, Germany, Poland, Sweden, and the Netherlands. He now works full-time on his art.



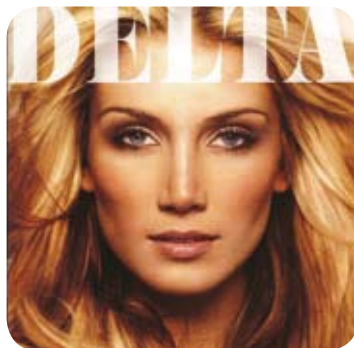
Travis has had several New York solos and group shows in addition to museum shows in Berlin and Argentina. His work belongs to various public and private collections in the United States and Europe and Mein schwules Auges/My Gay Eye 3 (Konkursbuch, 2006) recently published a portfolio of his art. Reviews have appeared in the Village Voice, hx, and online art and

photography sites. "The refinement and emotional charge of his work," observes Italian art critic Stefano Abbadesse-Mercanti, "are remarkable."

You can see more of Bill's work, read about the artist, and find out how to purchase his work by visiting billtravisphoto.com



q win: STOCKING FILLERS GALORE



SonyBMG

Following our exclusive chat last month with the lady herself, SonyBMG and Q Magazine is proud to offer you, our wonderful readers, a chance to win one of 5 of Delta's self-titled albums. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Delta* in the subject line to play to win.

i.groom

Have a read about this fabulous new men's grooming product in Q Beauty Extra then get your fingers working to see if you can take home a pack for yourself. We have 5 boxes full of goodies to give away. Email getfree@qmagazine.com.au OR sms 0429 88



QMAG with *i.groom* in the subject line and feel great this Festive Season.

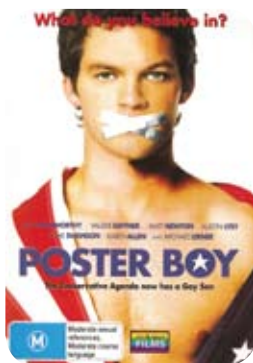
Bill Travis

Something a little different for this Festive Season. Direct from New York we have an original piece of art from acclaimed artist Bill Travis. To win, simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Travis* in the subject line. Make sure you also check out his other work in Q Art Focus.



Eagle Entertainment

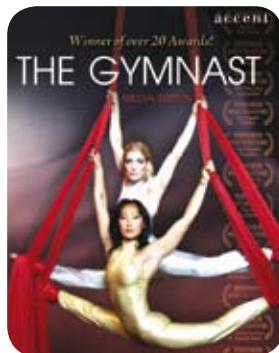
Have a read of Q Movies review of this exceptional film release



then enter your chance to win one of five copies we have to give away. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Eagle* in the subject line. Also available to hire or buy from OUT Video - 108 St. Kilda Road.

Accent Films

Have a read of Q Movies review of this exceptional film release also then enter your chance to win one of five copies we have to give away. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Accent* in the subject line. Also available to hire or buy from OUT Video - 108 St. Kilda Road, St. Kilda.



All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of Q Magazine. All monthly winners are notified by email or SMS.

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q whispers: with ADDAM STOBBS

What we see and what we seem.

There have been some important things over the last 10 years that we should have learned as individuals, and as a community, and there are some important things that we have demonstrated to the wider communities and even the world - I could lie and say "things we have taught" but that would be arrogant and so not me.

There are some basic fundamental things though we have not yet learned (going from my own experiences and what I see around me). I have not learned how to be moderate - indeed I am overly zealous in most things, and somewhat of a sexual glutton. I am SO not alone. Many (not all) of my gay brethren are so smitten with lustful ways.

The financial aspects of our lives are looking good, and opportunity abounds, yea though we are not lead into greed, although she is a seductive temptress of our ways. I am on the right side of left, so the best advice I can give to all is to get superannuation or buy real estate. I know it looks as though owning your own home is an impossibility, but it's not. House prices are not nearly as extreme as they are in other parts of the world, look at England Japan or Singapore. If it's hard, then think collaboratively. With collective agreements you can start combining purchasing power. I've done this, bought property with other people, and then sold it when the equity was enough to split, and the capital growth certainly helped. By the way, don't think that the national economic prosperity is born out of craft and manufacturing skill, it's not. Our prosperity emanates from the strip mining of Western Australia and Queensland. It comes from the gaseous western shelf and Bass Strait. It's a false

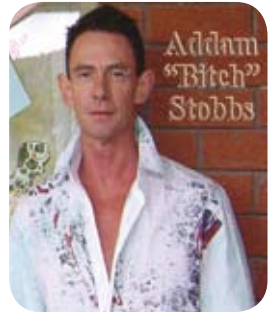
economy. It generates temporary wealth. The interest of this will draw a heavy burden in years to come. This lesson we may have learned to late, but we can make amends.

Love does not exist. It's a myth to make you buy stuff. That would certainly be a logical conclusion if you look at popular media. Love is the obsession of our isolationism, although it exists, and can easily be discovered, it is the search forthwith that denies. If you try to find it now, you won't get it. You'll get it when you are not looking for it, how ironic is that? It cannot be manufactured, no matter how skilled a craftsman you think you are, it can be as evasive as the wind on dry grass, or rats feet on broken glass in our dry cellar (thanks to T. S. Elliott).

Most of my gay male friends I had when I was growing up, and I had a lot, and are dead. I was fortunate in the horrible years to have a partner This saved me I think - more irony. That which I so love to desecrate and disdain (monogamy) has probably been my salvation. This lesson is lost on me.

Our Gay and Lesbian communities show the world how to live with diversity and tolerance. Oh REALLY! Go to the AGM of most community organisations and look again. You'll see some selfish little queen making a BIG fuss over nothing, or some PC Lesbian arguing that black is white or that it is our right to think so if we want to, even though we don't. Funny, that sounds like me. This lesson: we've got the big things right, the little things still have a long way to go.

The political lesson from all of this was decided recently. Australians are no longer content with the 1950's. We have a new national agenda. We want a real sustainable environmental future. We want social equality for all Australians and those who seek refuge. We want our indigenous communities to be respected and supported and a future for our rainbow families, without fear. We (!) want Botox to be on NHS.



Warner Music

Our very own golden girl has done it again with the release of her "2 Hearts" EP. 3 different mixes of the title track plus King or Queen and I Don't Know What It Is makes this an absolute collectors item. Get it now from all good music retailers.

Liberation Music

There has been very few in the Australian

music industry more talented or entertaining than Ms. Marcia Hines. "Marcia Hines Life" is a spectacular 14 track CD and DVD set about her life...and what an amazing one it has been. Don't miss out on getting your hands on this one. Perfect as a Christmas gift or as an addition to your music collection.

q music: EXTRA



GENESIS

A weekend workshop for guys who have recently become HIV-positive. The next workshop will run in **early 2008**. Please call Vic on (03) 9865 6772 to find out more.

q lifestyle: with PETE DILLON

A monthly review of the world of Food, Bars, and Wine

I love being a media whore. One of the joys of my job is freebies and I am unashamed in my love for them. I get tickets to all manner of things, including the opening of head wounds, as well as cd's, books and all manner of enticements and goodies.

But I think the favourite thing for me is books - and the pile beside my bed is starting to show a bit of a theme from the last 6 weeks. So I have decided to share the joy of these books and recommend them as Christmas gifts for those that like a slurp of grog or a jolly good feed.

A Good Nose and Great Legs is from Rob Geddes, one of Australia's very few Masters of Wine. Wine is a living and changing expression of life itself. It has a birth, it reflects the places it is raised, it matures in its making and declines with time. Wandering through the art and science that makes the delectable drop, you will find a rich tapestry of human existence revealed.

When all is said and done, wine is only a drink frothing, swirling and flickering over your tongue, but look deeper and it becomes more complex in its antiquity, flavour, diversity, colour and quality. Robert Geddes is a Master of Wine and has studied, drunk and slept in some of the world's most famous vineyards and wineries. This is his irreverent yet comprehensive guide to growing, making and drinking wine.

Never Order Chicken on a Monday charts the journey Matthew Evans, a food and wine columnist, who has gone through more than one human should. Evans started as an apprentice chef in Canberra, and has been humiliated and threatened more times than I could ever imagine. This is a personal story that also highlights the stupidity of food and wine writers everywhere. A great holiday read and an eye opener to how dangerous this job is.

Juice 2008 - Pukker tucker man Jamie Oliver has this Aussie fellow, Matt Skinner, working as his sommelier in 'Fifteen' London. When all is said and done, we take the wank out of wine and end up with Skinner. This man bag (hand bag) sized book can be carried everywhere and it breaks the wine into the top 100 in categories like drink, stash, store and give. A great read and practical advisor on what is good now from \$10 up to obscene costs. Grab it and give it for Christmas.

Why The French Hate Us is a fantastically honest and candid journey through the Aussie wine industry. Campbell Mattinson has been a wine writer for years and has offered an amazingly blunt and clever tome about where wine is at and what wineries are doing things to equal us to the French or, even get better than we are. If I was to trust anyone with giving it to us as it should be given, Mattinson is the man.

This is a brilliant insight into what the industry is about.

How to Drink Absolutely Everything is bloody hilarious to say the least. For the last decade Ben Canaider has been a professional drinker, writing about booze for magazines and newspapers. He's not only drunk and got silly on nearly every alcoholic beverage in the world, he's done so in environments and at events where he should perhaps have known better.

Every aspect of getting on it is got on in this ill-gotten and ill-remembered book. He has lived in a pub, learnt to make grappa, attended AA meetings all in the interest of bringing it to the human race- no beer coaster is left unturned. Go inch by inch, rather than binge by binge; have a beer after work, a glass of wine at dinner, a nightcap, a heart-starter. For anyone who has ever allowed the evil drink to cross their lips, this is a must.

Have a great Festive season and see you in the New Year.



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q cosmetic: with DR. PAUL SPANO

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Three treatments are required as only a percentage of the area is treated each time i.e. small gaps between the columns are left alone, allowing also for such rapid healing and minimal downtime.

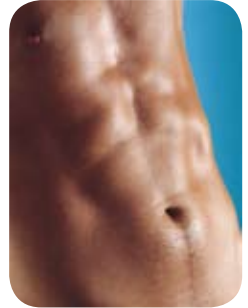
Small areas, like under the eyes, can be done alone in about 15 mins, or full face (30 mins) and neck (20 mins) can be done together.

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q movies: GAY & LESBIAN TITLES



You don't really need to be a Rhode scholar to figure out this film is about a Gymnast. You would be, however missing something very special if you don't see it.

The lead character is living a life she hates - a husband who is less than supportive and quite a pig of a man, a career cut short by injury, and a severe need to become pregnant - without much luck. She then meets up with an old high school friend and becomes involved in gymnastic troupe destined to work in Vegas. A series of events lead up to the two "stars" kissing.

Regret, confusion, elation, and love are all to follow.

The dilemma: one woman, married - but having serious homosexual feelings; the other woman, gay - but not out to her aging Jewish parents. The solution: one the same night, the two are to rectify the situation and then finally becoming a couple. What happens next is nowhere near ideal, ending in heartache for some, a new job for others, and a realisation that is to change the rest of one of their lives.

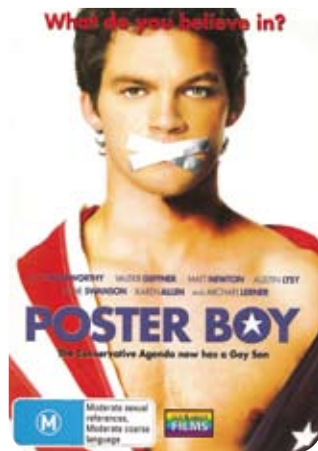
A strong 4 stars from me. A film all genders and sexualities can enjoy equally. The gymnast has won no less than 11 best feature awards and is available to hire or buy now at OUT Video, 108 St. Kilda Road, St. Kilda. See Q WIN for your chance to win a copy for Christmas as well. Distributed through Accent Films.

I am extremely pleased to welcome to the Q Stable of films to be reviewed, titles from Out and About Films [through Eagle Entertainment]. The first of which is Poster Boy.

The final line of this film is "I no longer have to look over my shoulder"...that should give you some understanding of what the film is about. It starts with an interview between a leading journalist and the senator's son, reflecting over the events of the previous six months. POWERFUL, EMOTIONAL, RELEVANT, UPLIFTING - no amount of words could truly encapsulate what I think of this release - I absolutely loved it!

Loosely, it is about a red neck senator and his desire to win a fourth term in office. Through a cloud of oppression and dysfunction, he decides to engage his good looking son to be his poster boy and hopefully gain the youth vote. What happens when he speaks at his son's campus us something to truly behold.

Where the film goes though is even more amazing than the overriding plot - a young woman with HIV/AIDS, a boy who has done beats since he was 14, another who just wanted to be loved, activists, political animals, a dutiful wife living a life of misery in subservience. Quite interestingly, I watched this film on the morning of our Federal Election - making me think even more about how I would vote and realising how terribly lonely I am without a partner. 5 gold plated stars from me. Available now to hire or buy from OUT Video.



Our second title from Out and About Films [through Eagle Entertainment] is an expose of a particular sub-culture of our community - the Leather men.

A documentary - style film, Mr. Leather is all about the L.A. Mr. Leather contest of 2003. I recently had the pleasure of meeting Mr. International Leather 2007, and I can say that these guys are not as scary as some would imagine. The film has snippets from competitions, comments and insights from the participants, and extremely interesting dialogue about the culture surrounding those who like the smell, taste, and costume of the leather fetish world.

One very interesting comment was made in the film about discovering you enjoy leather and having to "come out" all over again. It really was fascinating and something that I had never considered. Mr. Leather is out now and available to buy or rent from OUT Video, 108 St. Kilda Road.

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q travel: KIMBERLEY CONTRASTS

pictures and story by Shek Graham

After the exciting and wild nightlife on the Gibb River road, we were wondering how the rest of the Kimberley was going to match up. Where would be the next party hot spot? We didn't have to wait long to find out. A couple of days after leaving the Gibb River, we came across some gorgeous long-limbed chicks sunning themselves, and there were some pretty cute males too. The guys and gals show off their attributes to anyone who cares to sit and watch. Sex is on everyone's mind, and in the heat, passions boil over. Before the more amorous amongst you get too carried away, I should clarify that I am talking about birds of the feathered variety – you all knew that, right?

The north-east quadrant of the Kimberley is criss-crossed by huge rivers and many creeks. In the wet season, the area gets deluged with intense rain storms, and every creek, water hole and river fills up. Most years, there is enough water to sustain abundant bird life throughout the drier winter months. The Kimberley is a contrast of flowing rivers and enormous dried mud flats which the rivers flood each wet season. Much of the ground looks parched and cracked, while a few yards away, shady pools of water provide a lush sanctuary for all sorts of wild-life.

The Kimberley is known for the huge Boab trees that can be found all over the region. Some of these are many hundreds of years old and have enormous trunks. A few miles outside of both Wyndham and Derby are two such trees which have gargantuan hollow trunks. These were large enough to use as overnight prisons for prisoners who were being transported to the nearest town. Sometimes several unfortunate prisoners were herded into these natural prisons. The insides of these hollows are even covered with the soot from the innumerable cooking fires of these prisoners.

One of the consequences of so much water is the proportionately large salt water crocodile population. These enormous predators are found pretty much anywhere you can find water! They inhabit the smallest creeks and almost every water-hole has a number of resident salties. Unlike the Pilbara, I wasn't as confident about indulging in a nice refreshing swim after a hot day on the road in this area - who could tell what was lurking in those beautiful green depths?



One evening, as we watched the mesmerising play of the flames of our campfire as night fell swiftly, we were disturbed out of our deep reverie by the sound of rustling, followed by an enormous splash! We had camped about 15 yards from the river, and planned to spend the night safely ensconced in our Troop Carrier rather than risk being croc bait in our tents. Jan jumped a mile out of her seat as the dogs started barking madly, and I grabbed the torch. We spent a few fraught minutes shining the torch along the river bank looking for the tell-tale shine of reptilian eyes. We saw nothing out of the ordinary. We changed the position of our chairs to face the river and went back to watching the flames. A few minutes later there was more rustling followed by another huge splash.

Quite alarmed now, we grabbed a dog each and quickly put them in the truck, then once more shone our torches along the river bank. This time we saw something – it was standing perfectly still only a few yards from us. This predator was hunting for fish along the bank of the river. We tried to get a shot off, but were too late! Now, I know some of you will think that we are a pair of butch diesel dykes, wrestling with pythons and sharks, but even we wouldn't have been stupid enough to try and get a photo of a croc, instead of high-tailing it into the truck. Our noisy evening companion was a night heron, and we were armed only with cameras. The camera flash frightened off the poor bird before we could take a half-decent photo. Disappointed that we hadn't managed to get a good photo, but immensely relieved it wasn't a crocodile, we decided to call it an evening and retire to the safety of the truck.

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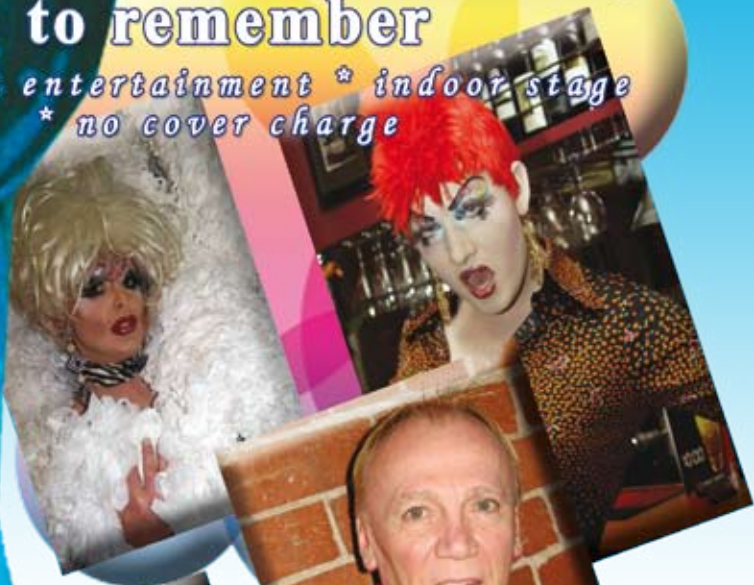
For everything you need to know from local & national news,
reviews and events, gaydestination.net.au is the place to find it.
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photo gallery. The name to remember is gaydestination.net.au

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q beauty extra: i.GROOM

Give some love to your body's biggest organ While some men may claim otherwise, the skin is actually the biggest organ in the body. But, as we've all heard, it's not the size that matters – it's what you do with it that counts.

Every day, our skin acts as our armour, going into battle against pollution, sun exposure and shaving, as well as lifestyle factors such as smoking, alcohol consumption and inadequate fluid intake. It's not surprising that some men are left looking dull and worn.

To keep their armour glowing, men in the know are investing in their appearance and health, by choosing products formulated specifically for male skin. Specialist skincare brand i.groom understands a man's greatest appearance asset is his skin and has developed a range to what today's men need – something simple, real, natural.

i.groom's formulations are centred upon natural

botanical ingredients, and organic ingredients are used where possible. In creating each product, skincare specialists have harnessed the power of nature to create an active synergy of natural elements.

Antioxidant-rich ingredients such as elderflower, olive leaf, rosehip oil, spirulina, green tea and vitamins provide active protection to bolster the skin's own defences. The result is skin that not only has aesthetic appeal, but radiates genuine good health. The formulations also have anti-irritant and anti-bacterial qualities, which further promote male skin's overall wellbeing.

Just as important are the things left out of the range – the artificial cocktail of toxic chemicals commonly included in other cleansing and grooming products. The result is a luxurious and sensory experience, resulting in supple skin with a natural, healthy glow.

i.groom products are Australian-made (manufactured in Melbourne) and retail through leading pharmacies and skincare outlets. To learn more about i.groom's skincare range and ethos, visit igroom.com.au



q life tips: from MARK McKEON

Tips for December:

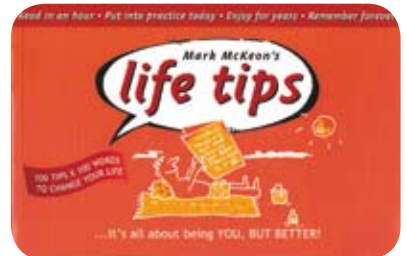
1 - Be Smart.

If you've ever drunk excessively, you'll recall a point where you knew that if you stopped, you'd be okay, but if you kept drinking, it would tip you over the edge. If you've been in a heated argument, you may recall a point where it intensified, spirally and became personal, and suddenly it was too late to take back a hurtful barb. Be smart, recognise this escalation and stop, or leave now... or suffer the consequences.

2 - Five Level Pyramid of Human Need.

Maslow's Hierarchy of Needs is a psychological theory that has stood the test of time since devised in the 1940's. The levels are: survival, safety, love/belonging, status and self

This will be the final instalment of "Q Life Tips". I thank Mark for allowing us to re-produce (in part) his book, and now encourage all of you to go out and buy it. It is truly great stuff!



actualisation. If we are lucky enough not to be in the bottom two levels, we should enjoy what we have more than worrying about what we don't.

3 - Just do what you do.

It's one thing to hit a tennis volley deep and near the line in practice, but could you do it on match point down? Sports psychologists encourage athletes to approach these situations by adopting a belief that pressure is not real. If you can't see it and can't touch it, it's not real.

4 - Meset.

We are in our ideal performance state when we have the ability to mobilise energy on demand. It can really help to take a three minute break or "Meset" every two hours, whenever you are doing something mentally demanding.

M - move - get up and walk around

E - exhale - take some deep breaths

S - sip water

E - eat fruit, and

T - teleport - change channels mentally

Meet yourself every two hours to keep fresh and fatigue free.

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in bed with: BEN

Mr Rudd or Dudd?

This month we've seen an exciting change in the political arena of Australia that promises a fresh start with a fresh new leadership. But will Mr Rudd deliver on his promises to the gay and lesbian community or will he suddenly take on the tag name of Kevin Dudd? Only the future will expose the results.

At this stage the Labor Government has committed to equality for gay men, lesbians and same sex couples and will remove provisions of which discriminate on the grounds of sexuality in the areas of superannuation, social security benefits, immigration and taxation to name a few.

In email correspondence with David Williams, Director of the Parliament Office of Kevin Rudd discussed, "At the party's National Conference in May, Labor formally committed to a nationally consistent system of state-based relationship recognition. The scheme will cover a range of non-marital relationships including same-sex relationships, de facto heterosexual relationships and certain carer relationships." He went on to say, "These schemes would simply act as a means by which any de facto couple could register

their relationship for the purposes of recognition by government." However, this still does not mean same sex marriage is on the agenda, it is currently defined in the Marriage Act of 1961 as "a voluntary union entered into by a man and a woman to the exclusion of all others, for life".

Albeit there is the clear statement of "exclusion to all others" including same sex relationships, I still can't help to think that this is a huge step forward in the right direction for our community. And no, we are not all the way there yet however the ends to discrimination in other areas sends a strong clear message to the Australian and world community that discrimination based on sexual preferences is no longer to be tolerated. As the old saying goes "the fish stinks from the head down," these moves (if kept by Rudd) will allow the Australian public to warm up to the issue of gay marriage for further future debate and launch it into grasping distance for the gay community. Although gay marriage is definitely not on Rudd's agenda, recognition of our relationships in some form is a bigger blessing in disguise than I believe our community realizes, after all how do you eat an elephant? One piece at a time! And if the coming months prove anything, we may have bitten off more than what we could have hoped too under any other government to date!

To further your own individual support for equal rights, please visit the Gay and Lesbian Rights Lobby and sign their petition to put even more pressure on the government to take immediate changes and end discrimination. You can visit them at <http://www.girl.org.au/> Until next time, stay safe...



q fashion: with LUKE ADAM-ALLDER

Wow – I wonder what I might get in my very sexy Christmas stocking. There is so much that I want so I have penned this letter to the Fashion Santa, as I have been very very good all year.

Dear Santa,

I know last year I wrote you a letter slamming you for not bringing me that new Hermes man bag that I saw in Paris last spring, but I thought you might have forgotten the vile language and vitriolic bile I spewed after Christmas last year. I think that was sorry – right. Get over it fat man!

This year I have been very good. I have not brought anything in cling fabric that emphasises my lumps, I threw out my old flip flops and got some Prada ones and I purchased a new season's hat.

So for Christmas, can I please have the following:

1 Ben Sherman shirt – the newest autumn style from London are stunning and perhaps I better have several in lolly colours for summer here. Tangerine and Lime I believe are in season.

2 pairs of Nudie Jeans – these are just soooo New York at minute, and are the most comfortable jeans I have seen. One in dark denim and one in standard, thanks.

1 pair of Armani trousers – I saw a pair on the rack at Harrods on my last visit and they are to die for. I promise to squeeze myself into a size 32 if you can arrange that.

1 Lauren by Ralph Lauren suit – the cut on these is exquisite and the fabrics are so new season. Bluey charcoal in pin stripe would be perfect. I really like the way they make my ass look.

T shirts by the dozen please, including some overly branded and somewhat tacky looking Dolce and Gabbana numbers please – the new colours in these are fabbo.

5 pairs of Prada shoes – this is simply because I am a Prada whore and my new best friend has styles that I don't and he does not work in fashion.

Anyway Santa, thanks in advance for all of this – oh and if you could manage to pick up a nice Scandinavian boy for me to drop into my stockings on Christmas Day I promise to be really good this year. Oh – and Red is so not your colour with no tan. Try a shade of light blue.



q world: with LAUREN SCHIPP

Got any plans for the New Year? How about a resolution to visit somewhere different? If that's the case, how about India! So, where in India then? Well, there's a fantastic taste of the country in Jaipur, the Pink City, 220km's south of Delhi.

When to go:

October through March are the cooler times of the year with April through September getting very hot. There's festivals and activities year round with November and February being the peak 'wedding season' featuring some amazing brides and very scared grooms!

Getting there:

Singapore Airlines flies to Delhi via Singapore and from there, a number of domestic airlines go between Delhi and Jaipur. I would strongly recommend Jet Airways for domestic flights as they've won a few awards and are better for 'nervous' fliers. You can also drive between cities in India but be prepared for it to take a lot of time (on average it takes 6 hours on the better roads between Delhi Airport and Jaipur, and that's only 200 km's!).

Getting around the City:

The easiest way to have a look at what the Pink City has to offer is to get a guide and a car.

q grooming: YOUR Q & A SECTION

Q – I have acne-prone skin – how can I bring my skin back into balance?

A – Acne is caused by a build-up of bacteria from within the skin, which is trying to work it's way out - blocked pores can aggravate this, so you need to keep skin clean.

Wash skin morning and night to keep it clean and free of surface impurities, and always wash with your bare hands (never a washcloth) to avoid irritating skin further. As your skin is in a stressed state, look for light, gentle products, and start off using less product rather than more.

TRY: Terra Firma by The Natural Source – Foaming Facial Cleanser - Price \$12.95

Email: grooming@qmagazine.com.au

They're very cheap (about 200 Rupees / \$6 a day) to hire and they'll give you a fantastic view of what's about. They'll also assist you in navigating the chaos of an Indian city, which takes a bit of getting used to. Go see Surjeet Singh at - ramramindia.com as he's an excellent guide.

Must dos:

Hawa Mahal / City Palace

Hawa Mahal is known for its many windows. It has some 365 (or so I was told) and is an impressive site. Buried in the centre of town, it's a great place to get a feel for Indian Royalty

Amer & Amber Forts

Rajasthan has a history of noble warriors and its landscape is still dotted with forts.

Amer Fort is a lot more delicate than Amber and is sometimes known as the Crystal Palace, worth having a look for the views and you can get an elephant ride too. Amber Fort is higher up and much more military. Make sure you go on a cool day as it's very hot up there

Places to eat and sleep:

Eat

Peshawari Restaurant (at the Rajputana Sheraton)

My favorite place to eat in Jaipur which has a roasted lamb dish to die for! For those out there who are vegetarians, try their famous dahl (they even say it's been patented!)

Nero's

If you're looking for a timeout from Indian food, go to Nero's where you can find your favorite stuff from home. It's a tourist favorite and every Jaipurian knows it.

Sleep

Megh Niwas

My personal favourite and where I always stay in Jaipur. It's run by the Colonel and Mrs. Singh (though Mrs. Singh runs the show!)

The place is a huge house surrounded by high walls with a pool and quiet garden. A great place to take timeout at the end of a busy day! - meghniwas.com

Rambagh Palace /Jai Mahal Hotel

If you're looking for a special night, try either Rambagh Palace or Jai Mahal. Both are run by the Taj Hotel chain, they're magic places, but a bit on the pricey side - tajhotels.com

Dance

The best clubs change all the time, but don't forget to visit the Steam Train at Rambagh Palace, definitely a night you'll remember!



q happenings: MIDSUMMA & GAMES



Midsumma Festival 2008

Midsumma is Melbourne's premier gay and lesbian arts and cultural festival. The 2008 Festival will be a mind-blowing and ever-eclectic showcase of queer culture with over 180 unique events programmed. Featuring the finest performing arts, visual arts, cabaret, live bands, spoken word, film, forums, fashion, community, sporting, and family events, the 2008 program will be presented over five municipalities and located in over 80 different venues across Melbourne and greater Victoria.

In 2008, Midsumma Festival celebrates its twentieth year with the theme of ARRIVAL. An opportunity for our community to ask; where have we ARRIVED? how did we get here? and where to from here? Through performance, exhibition, interaction and participation, the 2008 program will seek to both ask and answer these questions.

As part of the 2008 Festival, Melbourne will also play host to the 1st Asia Pacific Outgames; an international gay and lesbian multisport event including a human rights conference and cultural program. As Host City Cultural Partner to the Outgames, our 2008 program is bursting at the seams. An amazing and diverse presentation of vibrant, inspiring, confronting and emotive works that showcase the finest local, interstate and international queer artists.

Presented across five Festival Hubs and a plethora of other locations in and around Melbourne, Midsumma is more accessible than ever before. No matter who you are, what you wear, who you sleep with or who you vote for, the 2008 program offers the most extensive and diverse showcase of queer culture ever presented in Melbourne.

Midsumma audiences are passionate, extensive and diverse. In recent years, Midsumma has successfully extended its reach and visibility beyond our own community into the wider Melbourne arts and mainstream communities. As a respected and globally recognised arts and cultural festival, Midsumma anticipates excellent attendances again this Summer. Past Festivals have attracted attendances of over 230,000 across its 23 days.

Twenty years on from its humble beginnings as a week-long arts festival, Midsumma now proudly presents over 23 days of diverse and culturally significant activities, performances, exhibitions and events presented at five Festival Hubs and a plethora of other locations in and around Melbourne.

The 2008 Midsumma program is gearing up to be the best yet.

From 110 unique and diverse arts, cultural and community events in 2007 the Festival has grown to over 180 events.

The 2008 Festival also sees the introduction of three new streams; Food & Wine, SummaKidz and Queer UNlverse. Some of the 2008 Premier Event program highlights:

Carnival Day - Midsumma's opening celebration (Sat 19 Jan) at Alexandra Gardens. Carnival is GLBTI Melbourne's favourite event - a 12 hour showcase of the amazing talents of the Midsumma performer and artists community. Featuring QDecks, Kidz Zone, Dulcie's Dog Show, SummaFashion, Outgames sports precinct, T-Dance and T-Dance jr. - a new food and wine pavilion and much much more!

A Night at The Star - An exhibition of Melbourne's Drag King culture by internationally acclaimed photographer John Sones, presented by the Victorian Arts Centre.

Girls on the Floor - Midsumma's very own "by the girls for the girl's" hybrid digital media / performing arts event.

SummaJazz - Making home at some of Melbourne's finest jazz venues including The Blue Diamond, Manchester Lane, Red Violin and The Artery, SummaJazz is an impressive showcase of some of Melbourne's hottest emerging, independent jazz artists.

Mass Debate - Presented by the Victorian Gay and Lesbian rights lobby and based on the popular Great Debate Academics and comics go head to head on a challenging community issue.

Pride March - Now in its 13th year, Pride is an iconic community celebration event, attracting tens of thousands to Fitzroy street, St Kilda and the after party - this year it becomes a beach party - at Catani Gardens.

I look forward to seeing you at Carnival Day at Alexandra Gardens on Saturday 19 January as Melbourne and Australia celebrates 20 years of gay and lesbian arts, culture and community.

For further information go to: midsumma.org.au AND melbourneoutgames.org

Q Magazine - supporting culture in our community.



Top 6 Smart - Arsed Answers of 2007

ANSWER #6

It was meal time during a flight on American Airlines. "Would you like dinner?" the flight attendant asked John, seated in front. "What are my choices?" John asked. "Yes or no," she replied.

ANSWER #5

A flight attendant was stationed at the departure gate to check tickets. As a man approached, she extended her hand for the ticket and he opened his trench coat and flashed her. Without missing a beat, she said, "Sir, I need to see your ticket not your stub."

ANSWER #4

A lady was picking through the frozen turkeys at the grocery store but she couldn't find one big enough for her family. She asked a stock boy, "Do these turkeys get any bigger?" The stock boy replied, "No ma'am, they're dead."

ANSWER #3

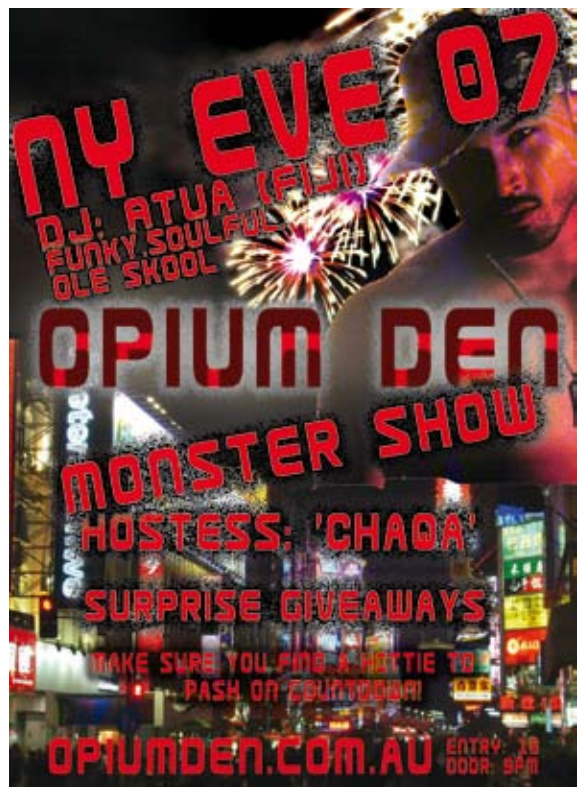
The cop got out of his car and the kid who was stopped for speeding rolled down his window. "I've been waiting for you all day," the cop said. The kid replied, "Yeah, well I got here as fast as I could." When the cop finally stopped laughing he sent the kid on his way without a ticket.

ANSWER #2

A truck driver was driving along on the freeway. A sign comes up that reads, "Low Bridge Ahead". Before he knows it, the bridge is right ahead of him and he gets stuck under the bridge. Cars are backed up for miles. Finally, a police car comes up. The cop gets out of his car and walks to the truck driver, puts his hands on his hips and says, "Got stuck, huh?" The truck driver says, "No, I was delivering this bridge and ran out of gas."

ANSWER OF THE YEAR 2007:

A college teacher reminded her class of tomorrow's final exam. "Now class, I won't tolerate any excuses for you not being here tomorrow. I might consider a nuclear attack or a serious personal injury, illness, or a death in your immediate family, but that's it, no other excuses whatsoever!" A smart-arsed guy in the back of the room raised his hand and asked, "What would you say if tomorrow I said I was suffering from complete and utter sexual exhaustion?" The entire class was reduced to laughter and snickering. When silence was restored, the teacher smiled knowingly at the student, shook her head and sweetly said, "Well, I guess you'd have to write the exam with your other hand."



q scene: OUT & ABOUT

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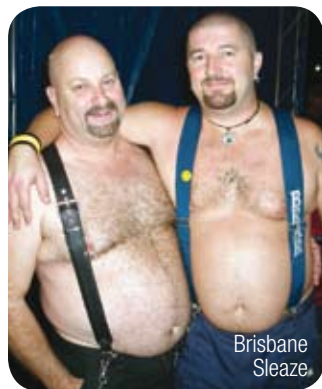
Peel



Peel



Peel



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Sleaze



Brisbane
Sleaze



Melbourne Cup



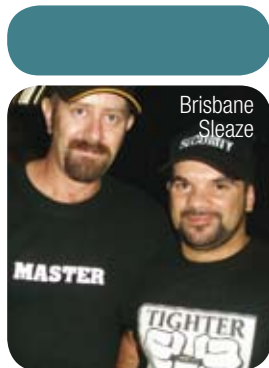
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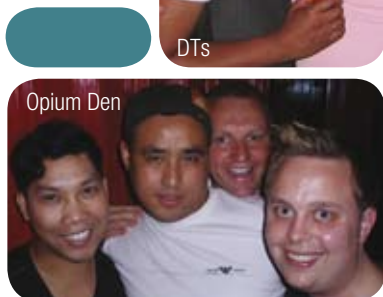
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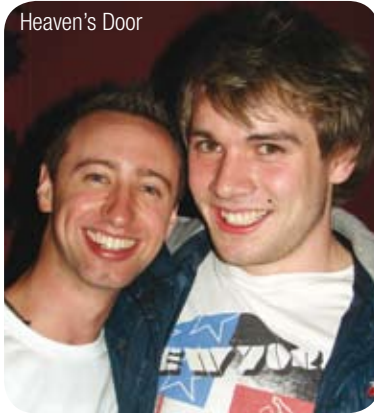
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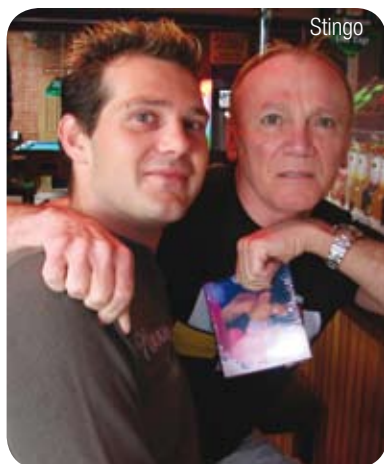
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q international: with ANNA HOOKER

I heart SOHO!

It's not hard to work out that a night partying in London's most established Gay area could seriously put a dent in your bank balance. Along with my friend Rose I set out to prove that you can 'Boogie on a Budget' in some of London's top Gay nightspots.

First off was a trip to G-A-Y bar situated on Old Compton Street, it is the perfect pre-club haunt. It's as fabulous as you would expect with lots of drinks offers and most importantly it is free to get in. The only downside is it closes at midnight on a Friday. So, just like Cinderella when the clock struck twelve out we dashed - on a quest for more cheap fun - g-a-y. co.uk/bar.asp



The area is very mixed and although the main Gay area is situated in Soho there is also a thriving sex industry there too. So, expect to see lots of massage parlours, prostitutes of various descriptions and plenty of adult shops too. The one thing I will say though is that regardless of the time there are always plenty of things to see and do and more importantly there are always lots of people out and about. As two women walking around back streets late at night it still feels safe.

Nothing is more annoying than being accosted in the street by someone trying to sell you something you don't need or want. We were approached several times by promoters offering us cheaper entry to clubs and bars. A little tip is to tell them you are looking for a Gay place and the majority tut, turn around and walk away - quite amusing really! One promoter who didn't run was Daniel; he was a lovely man who gained us free entry into Escape...

Escape (located on Brewer Street) is rather tiny although on this occasion size most definitely isn't everything! The crowd were friendly, flirty and fit. It's more a party bar than a club due to the size and the music was funky dance. The middle of the room is a sea of people 'Shaking their thing' and there are various seating areas around the edges which makes people watching very easy to do. Again, we were not let down by the amount of drinks offers. The gorgeous all male bar staff were happy to make us various shooters which were also very reasonably priced. Unsure where to head next I asked the stunning door girl who advised us that Trash Palace would be a good plan and off we went....

Trash Palace is great! The main room downstairs played alternative music and was packed. Upstairs was a different more intimate affair; with decor which could be likened to that of a high class boudoir and chilled music. Yet again cheap drinks and it was only £3 (Approx \$7) to get in. By far my favourite place of the night especially with the mixture of rooms which meant you dance hard and go upstairs to chill - trashpalace.co.uk

Even though we spent less than £15 (approx \$35) each we had such a fun evening. Even better, as Soho is so accessible and we were able to get the night bus back. Not that I am a cheapskate but black cab prices can be ridiculous and it meant more money for shopping in Camden the next day!

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Well kiddies, following on from our chat about Wills, let's talk about Powers of Attorney. A Power of Attorney is a document that effectively gives your decision making authority to another person, typically about finances, but it can also include lifestyle decisions (e.g. what nursing home they put you in) and, in some cases, medical treatment (e.g. surgery or medication but not the power to turn off the switch). And the jargon is...you are the donor and the person you give the authority to is the attorney.

You can give your authority on finances at any time, but your attorney can only make decisions about lifestyle or medical treatment if you are no longer legally or mentally capable of making those decisions. Ordinarily any Power of Attorney you make is only good while you are mentally capable, but for it to carry on after you lose it, that is called an Enduring Power of Attorney.

There are different forms provided by the government to make a Power of Attorney. In Victoria there are separate forms for finances, lifestyle and for medical. In Queensland finances and lifestyle are merged into one form and another for medical. In New South Wales there is one form for finances and lifestyle, and you can use that form to make suggestions about medical, but

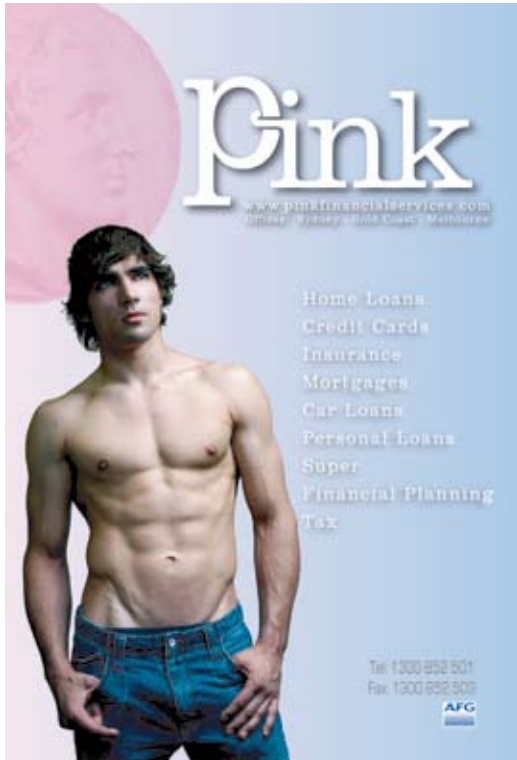
those medical decisions are not binding on medical authorities – but only persuasive – as opposed to Victoria and Queensland.

The other big decision is who you name as your attorney. Like a Will, you can name one or two people, and they can be asked to work together, or one to follow the other.

Keep in mind though that if you need someone to act for you, they will have a lot of responsibility on their shoulders, and they need to be able to take that emotional stress.

Finally, people think that they'll only need a Power of Attorney once they get old and senile like grandma. Keep in mind that you can lose your ability to make decisions through illness or accident, and that age doesn't matter in that case.

Also, once you lose that ability to make those decisions, you can not make a power of Attorney, and it means someone may have to apply to the Supreme Court to act as your guardian. It takes very little time or effort to do a Power of Attorney, and can save your partner or friends so much trouble later.

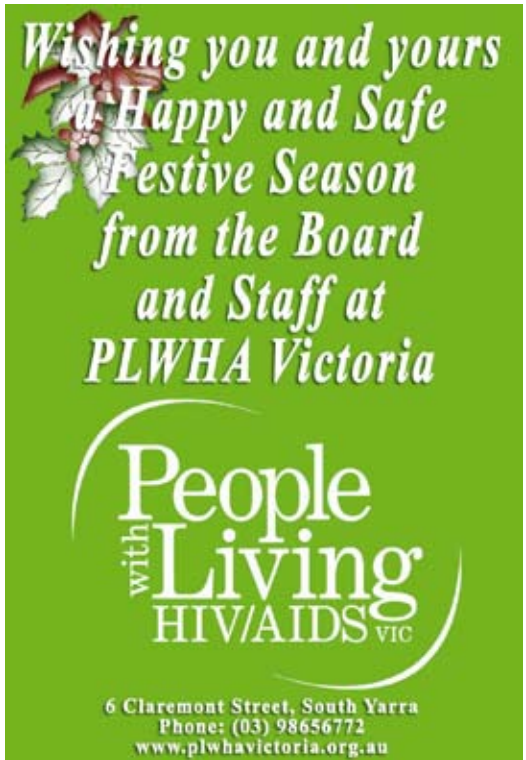


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q news: OUT and ABOUT with OUT

Introducing OUTgallery and OUTtunes, and OUT supports GLBTi Community Events.

The exciting new OUTgallery is a place for all GLBTi artists to display their work. Art displayed can be for sale, or, you may just want to show off and not sell your masterpieces. The choice is yours! OUTgallery will start as soon as there are enough pieces to display, so, get your work in now, or, if you know an artist who needs a space, tell them about this exciting opportunity. For more details contact in@out.com.au

Do you love queer cinema and the soundtracks that go with them? Maybe you just want that dance track you hear every week, or, possibly, all your favourite tunes from Melbourne's Gay and Lesbian radio station JOY 94.9? Well look no further than OUTtunes. OUTtunes is the easiest way to access those hard to get CDs that you just must have for your collection. The catalogue is growing fast, so check back often. OUTtunes can be accessed via the web at out.com.au (click on the Buy DVDs link for now - it will have its own link soon).

When OUTvideo was given the opportunity to become a sponsor of next year's ChillOut Festival, they jumped at the chance. As well as being a financial sponsor of the event, OUTvideo will also have a stall at ChillOut Carnival AND be supplying entertainment for two nights at The Grand Hotel, Daylesford. OUTvideo will be in Adelaide on November 25 in the Veale Gardens for this year's Feast Festival Picnic In The Park. OUTvideo is proud to once again have the opportunity to support this fabulous event! And don't forget their continued support of, and presence at, Midsumma Carnival and New Mardi Gras Fair Day. They are also a financial sponsor for the first Asia-Pacific OutGames and many of the teams participating in it. Please feel free to contact The OUT Group of OUTvideo by email at in@out.com.au or by phone on (03) 9525 3669. Remember you can access all of OUT Video on the web from anywhere in the country.



q generation: with LUKE HUGGARD

Over the past three years, I have had the wonderful pleasure of contributing to such a diverse and rich publication that Q Magazine continues to be. I have watched myself grow from the naive and optimistic nineteen year old boy into the...well, naive and optimistic twenty-two year old boy that I continue to be. I would like to thank my adorable editor, Brett Hayhoe, for the guidance, friendship and support that he also continues to provide me with, which is always much appreciated.

It has always been inspiring to witness the tireless efforts of many individuals in this community who give their time and energy for the well being of others. The current efforts of such people and the historical achievements of earlier gay individuals have provided firm foundations for my generation of GLBTi youth. The opportunities we have are greater than any generation before us, and it is this opportunity that warrants much hope and optimism for the future of our community. However, the challenges that confront GLBTi youth are many and require brave and complex solutions. A young gay man has roughly a 25% chance of contracting HIV during his lifetime in this country and the recent dramatic rise in HIV infections, should be a major concern for this community. Several academics

are now referring to the health crisis that confronts GLBTi youth as a 'Syndemic', claiming that a plethora of interrelated health problems from social isolation to HIV infection are plaguing an entire generation of young people and will continue to do so in the future. The emergence of anti-retrovirals in treating HIV has led to the incorrect perception amongst some gay people that the virus can always be effectively managed by these drugs. Young gay people have an unacceptably and disproportionately high rate of drug and alcohol abuse and as Steve Dow has observed, "This community has a problem with drugs and it's organizations, while not burying their collective head in the sand, are not taking sufficient responsibility for their role in its obsequious hold." Many are arguing that the 'live-for-the-moment' mentality that has featured prominently in contemporary gay culture is no longer viable as HIV/AIDS is effectively wiping 20 years off the lifespan of the average gay male and it is becoming increasingly difficult for many to reconcile free love with this terrible reality.



As gay culture throws monogamy in the trash bin of "heterosexual norms" and as we march toward a 'sexual utopia' in which sex is located in purely recreational terms, it may be wise to remain at least a little cautious. Larry Kramer has warned that if we are serious about providing young people with role models, a bit of self-reflection is also required...Is the lifestyle and culture that we consume and enjoy really sustainable or are we all just kidding ourselves? We desperately need answers because without them, the myth of the gay community as an affluent one, will persist even in the face of such damning statistics. Political and social equality, as tired and boring as these concepts sound to many, are absolutely essential for a healthy future, if not ours, then for the next generation and we all have a role to play in achieving this formidable task.



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